


Curriculum Vitae

Russell Delderfield, Ph.D.

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Qualifications

- July 2017 PhD Male Eating Disorders, Faculty of Social Sciences, University of Bradford, UK. (Awarded without corrections.)
- Dec 2011 PG Dip Research Methods, Graduate School, University of Bradford.
- July 2001 Qualified Teacher Status
- July 2000 PG Cert Education (Compulsory Education), Bradford College.
- July 1999 BA (Hons) Interpreting and Translation in Double Languages French & Spanish, University of Bradford.

Current Appointments

- 2018- Visiting Lecturer in Clinical Education, King's College, London.
- 2014- Postgraduate Researcher Development, University of Bradford.

Previous Appointments

- 2007-2014 Academic Skills Adviser, University of Bradford.
- 2009-2011 Lecturer in Learning Practice and Professional Development, PG Dip in Offender Management, Sheffield Hallam University & University of Bradford Partnership.
- 2004-2006 Lecturer in Initial Teacher Training (Primary Education) & Course Co-ordinator Primary MFL Pathway, Bradford College (part-time).
- 2004-2006 Visiting Lecturer in Primary Education (MFL), Trinity University, Leeds.
- 2000-2004 Senior Management Team, Chickenley Community School, Dewsbury.
Head of English and Drama, Whitcliffe Road First & Nursery School, Cleckheaton.
Class Teacher, Year 5 & Year 6, West End Middle School.

Teaching Experience

I have led and delivered modules at both undergraduate and postgraduate level. These have included diverse topics due to the nature and breadth of my experience. For example:

- qualitative research at all levels (including staff)
- research design and methodology, ethics, and advanced writing skills to postgraduate researchers (researcher development to level 8)
- social psychology BSc & MSc dissertation supervision
- male eating disorders to undergraduate psychologists
- identities and masculinities to undergraduate sociologists
- reflective practice to postgraduate probation officers and public health specialists
- English language and culture to undergraduate linguists
- Social and emotional aspects of learning to trainee teachers
- education practice to trainee teachers
- advanced practice to qualified teachers.

Research Interests

- Men's experiences of disordered eating
- Social psychology & sociology of eating disorders
- Counselling and psychotherapy for male eating disorders
- Masculinities and Critical Men's Studies, inc. misandry and masculism
- Philosophy and methodology of interpretive research
- Hermeneutics for qualitative social research
- Pluralistic qualitative research design
- Researcher development, including person-centred practice
- Reflective Practice: its nature, impact and value (theoretical and applied).

Publications

1. Delderfield, R., Ndoma Egba, M., Boyne, J. and Riches-Suman, K. (In Review) *Postgraduate researcher mental health in a UK University*.
2. Delderfield, R. (2019) Eating Disorders in Men. Chapter 8 in Crilly, L. *Hope with Eating Disorders*, 2nd Edn, Hammersmith Books, pp. 193-209.
3. **Delderfield, R. (2018) *Male eating disorders: experiences of food, body and self*. Palgrave MacMillan.**
4. Delderfield, R. (2018) When the researcher is a 'wounded storyteller': exploring emotional labour and personal impact in research. *Self & Society: An International Journal for Humanistic Psychology*, 46(2), pp.34-39.
5. Delderfield, R., & McHattie, H. (2018) The person-centred approach in maths skills development: examining a case of good practice. *Journal of Learning Development in Higher Education* (13).
6. Bolton, G. & Delderfield, R. (2018) *Reflective Practice: Writing and Professional Development*, 5th Edn. London: SAGE Publications.
7. Delderfield, R. (2016) Freedom and chains: the duality of the university experience for young men with eating disorders. *University and College Counselling Journal*. Issue: May.
8. Delderfield, R. (2013) Coming out of the food cupboard: supporting young men with eating disorders. *The Association for University & College Counselling Journal*. Issue: March.

My work also appears in:

- Crilly, L. (2018) *Foreword, Hope with OCD*. Hammersmith Books
- Duppong, J. (2013) *You Can't Just Eat a Cheeseburger: How to Thrive Through Eating Disorder Recovery*. Amazon: Marston Gate.

Grants Awarded

McLelland, T., Cooper, M. & Delderfield, R. (2018) LEARNING to Live and Work Together: Improving the Quality of Life for Vulnerable Migrant Students through Integrated Digital Technology Enhanced Support and Transformative Action in Higher Education. *Erasmus+ Strategic Partnerships for Higher Education was successful*. €304, 582.

Research Achievements

- **Invited Keynote** (2018) Diversity interventions for asylum seekers and refugees. The emergence of the University of Sanctuary: critical reflection. University of Bradford: 8th Annual Making Diversity Interventions Count Conference. With Dr Mel Cooper, Catherine Waskett & Diana Flores.
- **Invited Speaker** (2018) *The Fugly Boy*. Sheffield Medical School, University of Sheffield.
- **Scientific Advisor** (2017) Wellcome Trust and BBC Tomorrow's World Collaboration: [Can Body Image Problems Affect Our Mental Health](#).
- **Founder** of the Early Career Researcher forum.
- **Expert Reviewer** for Epigeum Ltd. - taught course dissertations module.
- Member, Research Ethics Committee, University of Bradford: Humanities, Social Sciences and Health Studies Research Ethics Panel.
- **Invited Keynote** (2015) *Men under fire: male disordered eating and challenged masculinity*. Brighton: Inaugural National Male Eating Disorders Conference.
- **Invited Expert** (2015) *Male Anorexia*. SAGE Knowledge Digital Content.
- Charity Trustee (2009-2015) Men Get Eating Disorders Too (MGEDT).
- Commissioned Male Eating Disorders Training - LGF (2013) *Men with Eating Disorders: in their own words*. Manchester: Lesbian & Gay Foundation, and at different locations on behalf of MGEDT.

Conference Papers and Presentations

- *Sex and self-loathing in the spoiled identities of men with eating disorders: where stigma, desire and disgust collide*. University of Bradford: Faculty of Management Law and Social Sciences seminar programme, 2018.
- *Cultivating scholarly communities with 'lone wolves': research culture and the doctoral experience*. University of Bradford: Learning, Teaching & Research Conference (Cultivating Scholarly Communities: Belonging and Identity), 2018.
- *'The fugly man': male experiences of living in an eating disordered body*. National Centre for Sports & Exercise Medicine: University of Loughborough, 2018.
- *Critical Reflection: Demystifying the Process*. Leeds Beckett University, Seminar for Public Health Research, 2018.
- *When the Researcher is a Wounded Storyteller: exploring emotional labour & personal impact in research*. University of Leeds: Psychotherapy and Counselling Conference, 2017.

- *'The Writing Room': creating space for student academic writing in a shared environment.* University of Bradford: Inaugural Learning, Teaching and Research Conference: Exploring the Research-Teaching Nexus, 2016. With Lucy Scott.
- *Misandry and the Second Sexism.* University of Bradford: Centre for Applied Social Research, 2015.
- *Male Eating Disorders: Misconceptions and Mistreatment.* University of Bradford: Mental Health Lunchtime Bites, 2014.
- *Men Get Eating Disorders Too.* Huddersfield: FEDS & University of Huddersfield Psychology Section, 2014.
- *Men with Eating Disorders: in their own words.* Manchester: Lesbian & Gay Foundation, 2013.
- *'There's no such thing as bisexual, it's just greediness': Bisexual Men and Eating Disorders – Making the Case for Better Understanding.* University of Bradford: BiReCon, 2012.
- *SkillSpace@Bradford: Making Personal Academic Tutoring Matter from Day One.* University of Bradford: 11th Annual Learning & Teaching Conference, 2012. With Dr Clare Beckett-Wrighton.
- *Men on the Menu: Early Impressions of Men's Experiences with Food, Body Image and Self-perception.* Brighton: MGEDT Conference, 2011.
- *Eating Disorders and Ethical Dilemmas, Either Way it's ED.* University of Bradford: 3rd Graduate Conference on Social Sciences and Management, 2009.
- *Queer Eating: Bracketing Issues of Sexuality and Bulimia Nervosa for Hermeneutic Research.* Northumbria University, Newcastle-upon-Tyne: Becoming or Unbecoming? Lesbian, Gay, Bisexual and Transgendered Research in the 21st Century, 2008.
- *Managing student behaviour – towards new university practice and policy.* University of Bradford: Annual Learning & Teaching Conference, 2007. With Professor Peter Hartley.

Scholarly Reviewing Activities

I peer-review for the following academic journals and publishers:

- Psychology of Men and Masculinity Journal
- International Journal of Health Promotion and Education
- International Journal of Mentoring and Coaching in Education
- Journal of Learning Development in Higher Education
- SAGE Publications.

Honours

I am an active member of the University of Sanctuary. In 2018 we were awarded the Vice-Chancellor's Outstanding Achievement Award for The Bradford City of Sanctuary ('Outstanding delivery of a university accreditation').

Continuing Professional Development (selected)

Nov 2018	How to Get the Most Out of Your Vitae Membership.
Apr 2018	GDPR and Research (JISC National Training).
Mar 2018	Winning Grant Funding.
Feb 2018	Erasmus+ Research Funding Bid Support.
Dec 2017	REF 2021.
Nov 2017	Personal Tutoring and Mental Health, UKAT.
May 2017	Publishing in Academic Journals.
Feb 2017	Research Supervisor Training.
2015-	Peer Supported Review of Teaching Practice.
Dec 2016	Ethical Leadership.
Apr 2016	Next Steps for PGR: Funding, Quality of Provision and the High-skilled Workforce.
Mar 2015	Introduction to Team Based Learning.
Feb 2015	Bringing Interdisciplinary Research Together to Enhance the Learning Experiences of Students.
Jun 2014	Picture This: Visual Literacy, Visual Learning & Visual Teaching in Higher Education.
Dec 2013	Networking including Digital Networking: Using Social Media for Networking & Careers Research.
Jun 2013	Recruitment and Selection Training.
Nov 2011	TA 101.
Sept 2003- Dec 2007	Psychotherapeutic Counselling (Bradford College & Northern Guild of Psychotherapy).

Engagement, Impact and Media

- Beat (2018) Research and Policy Advisor.
- ISCHP (2017) Causing stigma by highlighting stigma? A lesson from Twitter. [International Society of Critical Health Psychology](#). Issue: December.
- Mirror-mirror Magazine (2017) *The experiences of eating disordered men*. Research-informed eating disorders online magazine.
- Bradford Diversity Festival (2016) *Men, gender and misandry: breaching the binary*. **Public Lecture**, University of Bradford.
- Masoliver, D. (2016) *Is clean eating killing you?* Men's Health Magazine, UK, September 2016.

- Masoliver, D. (2016) *What Happens If You Take Healthy Eating Too Far?* Men's Health Magazine, Australia, June 2016.
- Parrinello, C. (2016) *Bigorexia: not a label*. Mantality Magazine, UK, April 2016.
- Pellicani, F. (2015) *Millstone: male eating disorders*. Documentary commissioned by national charity.
- The Conversation (2014) *Men have eating disorders too — and often can't talk about them*. The Conversation, April 2014
- Thomas, S. (2014) *Eating Disorders - A Women's Problem? Why We Need To Tackle The Gender Bias*. The Huffington Post, UK, April 2014.
- Gander, K. (2014) *Men with eating disorders are failed because conditions are seen as 'women's illnesses', scientists claim*. The Independent, UK, April 2014.
- Inside Out (2013) *Male Sufferers of Eating Disorders*. BBC One, September 2013.
- Various interviews with BBC Radio, 2010-2016.