

## Practice of Physiotherapy in Women's Health

Module Code:	PAR7007-C
Academic Year:	2018-19
Credit Rating:	30
School:	School of Allied Health Professions and Midwifery
Subject Area:	Physiotherapy and Rehabilitation
FHEQ Level:	FHEQ Level 7 (Masters)

Pre-requisites:

Co-requisites:

### Contact Hours

Type	Hours
Lectures	1
Tutorials	10
Laboratory	4
Directed Study	216.5
Other (DO NOT USE)	65
Examinations DO NOT USE	3.5

### Availability Periods

Occurrence	Location/Period
BDA	University of Bradford / Semester 2 (Feb - May)

### Module Aims

To reflect on and analyse recent advances, knowledge and current physiotherapy practice applicable to women's health in a clinical setting.

### Outline Syllabus

1. Critical reflection on antenatal preparation for pregnancy and childbirth including back care, pelvic floor awareness, normal function and dysfunction; coping strategies for labour and musculoskeletal problems associated with pregnancy and childbirth.

2. Observation and critical reflection of 2 labours and deliveries, selected from a vaginal delivery of a woman who has attended antenatal classes, an assisted vaginal delivery or a caesarean delivery under epidural anaesthesia.
3. Postnatal: advanced clinical reasoning in the management of common conditions including: painful perineum, diastasis recti, pelvic girdle pain, post epidural delivery, post-caesarian section and management of stress incontinence.
4. Critical discussion of psychosexual dimensions of women's health and well-being.
5. Continence / pelvic floor dysfunction: application and critical evaluation of appropriate assessment, including vaginal examinations.
6. Attendance and critical reflection of appropriate specialised in and out-patient clinics, including: antenatal, obstetric ultrasound, postnatal examination, and gynaecological surgery, outpatient and urodynamic clinics.
7. Visits and critical analysis of the value of appropriate specialist clinics/units including: neonatal special care units, amniocentesis clinic, colposcopy clinic, well-woman clinic.
8. Portfolio planning and critical reflection skills.

### **Module Learning Outcomes**

*On successful completion of this module, students will be able to...*

- 1
  - 1.1. Critically review relevant anatomy, biomechanic, physiology, pathology & psychology in relation to physiotherapeutic management in Women's Health of both simple & complex problems.
  - 1.2 .Critically evaluate, determine and implement appropriate physiotherapy management to develop advanced clinical practice related to women's health.
- 2
  - 2.1 Apply advanced skills related to the assessment and examination of patients with women's health needs.
  - 2.2. Utilise advanced knowledge and clinical reasoning skills to determine the appropriate physiotherapy management in women's health.
  - 2.3. Synthesise knowledge and critically reflect on evidence based physiotherapy practice, applying this to advancing clinical practice in women's health.
  - 2.4. Appraise the role of other healthcare professionals involved in women's' health in a variety of healthcare settings.
- 3
  - 3.1.Critically reflect and appraise current practice utilising effective written, verbal communication, teaching skills and the use of information technology.
  - 3.2.Understand and take into account the influence of patients' cultural, religious and socio-economic backgrounds on their health and well-being.
  - 3.3.Employ a holistic and patient-centred approach within the overall physiotherapy management of service users.

### **Learning, Teaching and Assessment Strategy**

Introductory lectures, small group discussions, tutorials and practical workshops will be used to enhance theoretical work and develop advanced clinical skills(1.1, 1.2, 2.1, 2.2, 2.3,

3.1, 3.2, 3.3).

Following the taught element, students will undertake clinical visits and a period of clinical practice which will include sessions with a named mentor, in order to facilitate the development of advanced practical and clinical reasoning skills (1.2, 1.2, 2.1, 2.2,2.3, 3.2, 3.3). This will help prepare students for the summative clinical examinations (1.2, 1.2, 2.1, 2.2,2.3, 3.2, 3.3). Throughout the module students will keep a reflective practice diary and be encouraged to do so using electronic methods such as 'Pebble Pad' (1.1, 1.2, 2.1, 2.1, 2.3, 3.1). The reflective diary will also be used whilst preparing for assessment modes 1 and 2 (1.1, 1.2, 2.1, 2.1, 2.3, 3.1). The directed study will include preparation for the clinical examinations, observations of two labours and writing up of critical reflections of the observed labours and on how observational visits undertaken have informed clinical practice (1.1, 1.2, 2.1, 2.2, 2.3, 2.4).

Assessment 1 (2.2, 2.3, 2.4, 3.1, 3.2, 3.3)

Assessment 2 (2.4)

Assessment 3 (1.2, 1.2, 2.1, 2.2, 2.3, 3.1, 3.2, 3.3)

Assessment 4 (1.2, 1.2, 2.1, 2.2, 2.3, 3.1, 3.2, 3.3)

### Mode of Assessment

Type	Method	Description	Length	Weighting	Final Assess'
Summative	Examination - practical/laboratory	Examination: Musculoskeletal obstetric assessment	1.6 hours	30%	No
Summative	Examination - practical/laboratory	Examination: Urinary Incontinence OR group session such as ante-natal of pelvic girdle pain class	1.6 hours	30%	No
Summative	Coursework	Completion of clinical requirements	0 hours	%	No
Summative	Coursework	Critical reflection on how your clinical observations/visits informed & advanced your clinical practice	0 hours	40%	Yes

(2500 words)

**Legacy Code (if applicable)**

HPP-707T

**Reading List**

To view Reading List, please go to [rebus:list](#).